Ninja Warrior Registration, Information and Rules

Name of Ninja\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age\_\_\_\_\_\_\_

Team Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ T-shirt size\_\_\_\_\_\_\_\_\_

**Registration Dead line is May 31st 2019 at 7pm**

-Ages 6-12 years may participate

-Teams are 1-5 people per team

-Team must have a name

-Each person will be required to do at least 2 obstacles. There will be 10 obstacles. All obstacles need to be attempted.

-One person on the course at a time.

-Each Obstacle will be timed.

-Team members not attempting obstacle will spot team member while encouraging them to complete. Team members are allowed to lift team member onto obstacle but may not help them after the timer started.

-If obstacle not completed or you fall from obstacle you will not be unable to continue. A time of 0 will be recorded.

-Warrior cannot use other obstacles to help complete others. Ie. Use cargo ladder to complete monkey bars. Legs and feet are not permitted to be used on any obstacle that does not require them to finish obstacle. A time of 0 will be recorded.

-Obstacle completions and times are combined. Most obstacles completed and shortest time wins.

-Judges will add up times and announce winner, decision final.

-Each team member needs to sign Vermont Valley Taekwondo wavier.

-A parent or Guardian must be present for each team.

The winning team may display trophy at their school for 1 week. The trophy will live and be displayed at VVTKD Dojang.

I understand these rules and agree to abide by them.

X\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Warrior X\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Parent/Guardian

Contact info E-mail or Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The Ninja Warrior course will be open May 29th,31st and June 3rd,5th,7th from 6:15-7:00pm for **Registered and Paid** teams to use the course